

Beginner's Guide to Growing Strawberries



The Joy of Growing Your
Own Fresh, Sweet
Strawberries

Why Grow Strawberries?



Did you know!

Strawberries are one of the most popular fruits in the world. Not only are they delicious, but they're also packed with essential nutrients, including vitamin C, fiber, and antioxidants — making them a healthy addition to any garden or meal!

Quick Tip:

Strawberries are incredibly easy to grow, even in small spaces like containers, hanging baskets, or raised beds. They don't need a large garden to thrive, making them perfect for balconies or patios. With just a bit of care — like ensuring they get enough sunlight, watering regularly, and giving them a little attention during the growing season — you'll be rewarded with a steady supply of fresh, sweet, homegrown berries all summer long. Plus, they're a low-maintenance crop that's perfect for beginners!



Fun Fact:

Did you know that strawberries aren't actually berries? Technically, they're "aggregate fruits" because each tiny seed on the surface is its own individual fruit! It's one of nature's quirky little surprises that makes strawberries even more fascinating.



Choose the Right Strawberry Variety

There are 3 main types of strawberries:

June-bearing: One big crop in early summer.

Tip: Best for larger harvests.

Everbearing: Multiple harvests throughout the season.

Tip: Great for continuous fresh fruit.

Day-neutral: Produces fruit all season long.

Tip: Perfect for small spaces!



Quick Tip:

Selecting the right strawberry variety for your garden is key to a successful harvest. Different varieties have different growing habits, so choose one that suits your space and climate.

Planting Your Strawberries

Best Time to Plant:

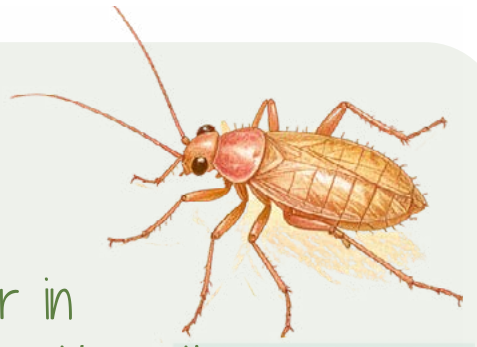
Early spring after the last frost (or late winter in warm climates). Look out for slugs, aphids, and spider mites.

Tip: Use natural remedies like neem oil or garlic spray.

Look out for slugs, aphids, and spider mites.

Tip: Don't plant where you've grown berries before (disease risk).

Use natural remedies like neem oil or garlic spray.



Planting Steps:

Choose a sunny spot with well-draining soil.

Space plants 12-18 inches apart.

Plant so the crown (top) is level with the soil.

Water well and mulch to retain moisture.



Watering:

Water deeply but avoid over-wetting.

Keep the soil moist.

Tip: Strawberries need about 1-1.5 inches of water per week.



Fertilizing & Mulching

Apply balanced fertilizer in early spring.

Tip: Add compost or organic matter to enrich soil.



Mulch to keep weeds down and retain moisture.

Tip: Straw, wood chips, or pine needles work great for mulching.

Harvesting Your Strawberries

When berries are fully red and firm.

Tip: Pick in the morning for the best flavor.

Storage Tips:

Fresh strawberries last about a week in the fridge.

Tip: Freeze extra strawberries by laying them out on a tray first.



See you in the garden!

♡ Tara